



Celebrating...

The Cosmic Processes

COME, JOIN THE COSMIC FAMILY

1. Come, join the cosmic family,
Come praise Creation's Deity,
O praise God, Alleluia!
Dear brother sun with golden beam,
And sister moon with softer gleam,
O praise God, O praise God,
Alleluia! Alleluia! Alleluia!

2 Our brother wind, who is so strong,
Who moves the clouds that sail along,
O praise God, Alleluia!
May breaking dawn with praises ring,
And sister night your glories sing,
O praise God, O praise God,
Alleluia! Alleluia! Alleluia!

3 O sister water, pure and clear,
Make music for your God to hear,
Alleluia, Alleluia!

Dear brother fire both strong and bright,
Whose dancing gives us warmth and light:
O praise God, O praise God,
Alleluia! Alleluia! Alleluia!

4 And dearest sister, Mother Earth,
Source of all nurture and each birth:
O praise God, Alleluia!
The flowers and fruits that on you grow,
Let them God's glory also show,
O praise God, O praise God,
Alleluia! Alleluia! Alleluia!

5 For life and for our final breath
Which comes as friendly sister death,
O praise God, Alleluia!
When death is viewed as mystery's care.
Love conquers every strangest fear:
O praise God, O praise God,
Alleluia! Alleluia! Alleluia!

6 Let all things their creator bless,
And worship God in humbleness,
O praise God, Alleluia!
Praise God the Process, God the Life,
and praise the Mystery, ever One,
O praise God, O praise God,
Alleluia! Alleluia! Alleluia!

*(Text amended to reflect more fully
"The Canticle of the Sun" of St Francis)*

AFFIRMATION of the fundamental goodness of each person. We are all children of the Cosmos with our own particular element of the divine mystery.

ACKNOWLEDGEMENT of our failures and our misuse of other people and of the planet. A time of reflection, and a call to change what we can and accept what we cannot change.

WISDOM READINGS: from a variety of sources. Each is followed by a time for reflection.

Immersion in and Thanksgiving for the Processes of the Cosmos:

The process of Creation and Destruction

The process of Attraction and Repulsion

The process of Emptiness and Fullness

The process of Consumption and Conservation.

The process of Consistency and Variation.

CHANT

The Cosmos in all its wonder

Sings a magic song

The Sun and Moon and all the stars

Join the cosmic song

The ice and rain, the snow and fog

Join the cosmic song

The Fire & Wind, the Earth & Sky

Join the cosmic song

The plants & creatures, birds & fish

Join the cosmic song

Our beating heart & rhythmic breath

Join the cosmic song

With all the other parts we now

Join the cosmic choir.

A Litany of Letting Go (offering)

A Litany of Letting Go, as we seek to sense our connections with the reality that lies beneath the surface, from which we are alienated by our illusions.

(All) In the Letting Go we find Life

For deeper than the striving is the flowing

Deeper than the searching is the knowing

And deeper than the grieving is the mystery

In which darkness and light are one.

Symbolic Action and Reflection

We use what we can see and feel to discern our connection with all that is.

THE FIRE

See the Fire and imagine its warmth.

READINGS

We allow this fire to burn in our heart singing
Alleluia, Alleluia, Alleluia, Alleluia, Amen.

THE ROCK

Touch the Rock and be touched
by the substance of the Cosmos

We allow ourselves to be embraced by the mystery
of stillness and oneness
and give thanks singing:

Alleluia, Alleluia, Alleluia! Alleluia! Amen.

THE AIR

Breathe the Air

We breathe in Life and breathe out Love.

READINGS

We seek to be open to the Wind of the Spirit singing

Alleluia! Alleluia! Alleluia! Alleluia! Amen.

OFFERING:

As fire, rock and water are brought forward we sing:

*(3x) In the Letting Go we find Life
For deeper than the striving is the flowing
Deeper than the searching is the knowing
And deeper than the grieving is the mystery
In which darkness and light are one.*

we all come forward to offer thanks,
bringing the stone which we have been given.
We stand in a group to hear sayings about water
and then to drink it.

THE WATER

Between the stillness of the rock
and the flowing of the stream I am, I AM.

READINGS

Feel the water in your blood
pulsing in your heart and veins and sing
Alleluia! Alleluia! Alleluia! Alleluia! Amen.

We do all this to remember the Prophets and Mystics, to remember our own spiritual pilgrimage and the spiritual pilgrimage of the whole human race.

We allow ourselves to be embraced by the mystery and give thanks singing:

Alleluia! Alleluia! Alleluia! Alleluia! Amen.

We return to our seats and sing...

We are Children of the Cosmos

- 1 We are children of the Cosmos,
We are subject to its laws,
subject to its laws,
We will make their celebration
Our most joyful sacred cause,
Our most joyful sacred cause.

2. Every dying in the Cosmos

Forms a prelude to new birth,
prelude to new birth.

Every portion of the Cosmos

Links with all the life on Earth,

Links with all the life on Earth.

3. Every star within the Cosmos

Lives within dark matter's web,
in dark matter's web.

We will venerate its darkness

Both its growing and its ebb,

Both its growing and its ebb.

4. Each time two share a joining
Something greater has its birth,
 greater has its birth,
From uniting of the atoms
Comes the substance of the Earth,
Comes the substance of the Earth.

5. All the justice of the Cosmos
Acts to limit each extreme,
 limit each extreme.
But the greed of our consumption
May soon kill life's sacred stream,
May soon kill life's sacred stream.

6. As we think of all the Cosmos,
Every process and each part,
 process and each part,
We decide to heed its wisdom
And plant sharing in our heart,
And plant sharing in our heart.

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Reflective Prayer:

We link with each other by touching
our neighbor on the shoulder,
sharing our life-force
and enfolding within it the people and causes
that reflect our deep concern.

Blessing

The Earth itself is a blessing,
And we are part of Earth.

Let us rejoice in our life
and share it as a blessing with other people,
with the eco-system and with the Cosmos;
For in giving blessing, we receive blessing,
and in that blessing we will rest.

So we sing

Alleluia! Alleluia! Alleluia! Alleluia! Amen.